

January Webinar Polls

1. Did you gain weight during COVID?

Yes – 1-5 lbs.	(10) 23%
Yes – 5-10 lbs.	(13) 30%
Yes – 10+ lbs.	(5) 11%
No	(16) 36%

2. Did you experience friend or family feuds about wearing masks?

Yes	(17) 40%
No	(25) 60%

3. What is your “go to” outfit for working at home?

Pajamas	(2) 5%
Workout clothes	(16) 36%
T-shirt and jeans	(7) 16%
½-½ (professional on top, comfy on bottom)	(8) 18%
My usual work clothes	(8) 18%
Other	(3) 7%

4. At the outset, when did you think the COVID crisis would be over?

Easter	(3) 9%
Mother’s Day	(4) 12%
Memorial Day	(27) 79%